

Punching system:

EMIT. The competitors may use their own punch-cards, or rent cards from the organiser.

Accommodation:

Scandic hotel, Høvik, by E18 west of Oslo, 5 km from the arena
tlf. 47 23155300, ref. World cup orienteering
hovik@scandichotels.com
NOK 470 pr night in double room, breakfast incl.

Emma gjestehus, 8 km from the arena
tlf. 47 67130659, ref. World cup orienteering
www.emmagjestehus.no
NOK 290 pr night in double room, breakfast incl.

Bogstad camping: walking distance from the arena
tlf. 47 22510800 mail@bogstadcamping.no
ref. 560977
Cabins 4-5 pers NOK 900-1300 pr night, no meals

Tyrving club cabin: 8 km from the arena
NOK 100 pr night, self service, no beds
contact the organisers

Transport:

The organisers can provide transport from the accommodation sites during the days of competition. Need of transport must be stated in the entry

Training facilities:

Several maps of similar terrain in the area, easily accessible from the accommodation sites. Contact the organisers.

Entries:

Initial entry shall include the following information:

- number of participants (men and women)
- number of officials (max 4)
- any special requests

Please use the attached entry form, and send to:

entry@o-festivalen.com

Deadline: april 15th 2009

Entry fees:

Competitors – Euro 35 per race
Officials – Euro 25

Payments to be made – deadline May 15th to:

O-festival alliansen,
Fossum IF, Pb 115
1392 Østerås
Account: 9853.05.10867
IBAN: NO3798530510867
SWIFT: LABANOKK
Sparebank 1
1340 Bekkestua

Visas

There are no passport controls when traveling between countries that have signed the Schengen Agreement and citizens of these countries may enter Norway without a visa. Some proof of identity should be carried. The same rules apply to foreign nationals who have a residence permit for one of the Schengen countries. For other countries, please ask your local authorities. For further information: www.udi.no/templates/Tema.aspx?id=7403

Organising committee:

Event director: Jørgen Holmboe, joholmbo@c2i.net, 47 97681974

Mapper: Kristen Treekrem

Course planner: Christian Holmboe

World cup contact: Bjørn R Berntsen, bjorn.r.berntsen@recgroup.com, 47 97735514

IOF senior adviser: Finn Blom Christensen, Denmark, finn.blom@email.dk

National IOF adviser: Dag Amundsen, damun@online.no

Information site: www.o-festivalen.com

World cup middle distance and long distance, Oslo 26. – 27. june 2009

Initial Entry

Entries shall be sent to the organiser
entry@o-festivalen.com

IOF Member Federation

Federation

Team Manager

Name	First name
Mailing address	Postal code, city
Country	Phone
Fax	E-mail

Number of Athletes

Number of athletes male	Number of athletes female
Middle distance: Long distance:	Middle distance: Long distance:

Number of Team Officials: max. 4

Number of team officials male	Number of team officials female
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Number of Banquet Tickets

Number of banquet tickets

Entry Fees

Athletes	Euro 35 per competition	This includes: - Start and result lists - Training maps, new competition maps - Free parking at the competition arenas - For competitors: Participation in two IOF World Cup races, showers near the competition arenas
Team officials	Euro 25	
Banquet	Euro 35	

Special requests Transport or other

Entry Deadline

Please return this Entry Form E1 by **april 15th 2009** to the Event Office.